



# Florida Championship Wife Carrying Contest Rules

## EVENT LOCATION

Bryant Park, Lake Worth, Florida.

## EVENT DATE & TIME

Sunday, March 3, 2024

12:00 pm – Weigh-in

12:30 pm – Introduction of Athletes

1:00 pm – Competition Begins

4:45 pm – Awards Ceremony

## AGE LIMIT/ MARITAL STATUS

Team members must both be at least 18 years old.

Team members are not required to be legally married.

## WIFE'S MINIMUM WEIGHT

The minimum weight for the Wife is 108 lbs. If necessary, sandbags (provided) will be carried by the Wife to increase her weight to 108 lbs.

## COURSE

The length of the course is approx. 280 yards. The course contains obstacles such as log hurdles and a water hazard.

## COMPETITION

There is no restriction on how the Wife is carried. If a Husband drops his Wife, the Husband must pick up his Wife before advancing down the course.

Teams run the course 2 to 4 Teams per Heat, with each Team being timed. The four overall fastest Teams qualify for the Medal Round. Since entry into the Medal Round is determined by the four overall fastest times, Teams do not have to win their initial Heat to qualify for the Medal Round, nor does winning your initial Heat guarantee entry into the Medal Round.

## HELMETS

A helmet (provided) is required for the Wife.

## ATHLETIC ACTIVITY

Team acknowledges that the Event is an athletic activity which carries with it the possibility of serious injury or death. Team assumes all risks of participating in the Event. Team members certify that they have no medical conditions that would restrict their participation in the Event.

## MEDICAL CONSENT

Team hereby consents to receive medical treatment should injury or illness occur during or after the Event.

## CONDUCT

Team's conduct at all times must be in a polite manner, abiding by Event Rules. Alcohol consumption during the 8-hour period prior to the Event is prohibited.

## PROMOTIONAL MATERIALS

Team agrees that the Organizer may photograph, record audio/video, and/or transmit live broadcast of the Team during the Event. Team consents to the use of such photographs and/or recordings for promotional purposes.

## INSURANCE/ LIABILITY

The Organizer is not responsible for any personal injury, accident, property damage, or lost or stolen property that may occur at the Event. Team assumes all liability for any loss or costs that Team may incur. Insurance coverage for Team is not provided by the Organizer.